



Teen & Adult Conference Agenda

Down Syndrome Research & Awareness Conference
Cincinnati, OH-July 10-12, 2009

Rec & Leisure	Salon E-F
Future Planning	Salon G
Personal Planning	Salon H

Hosted by:  **down syndrome association**
of greater cincinnati

Friday, July 10, 2009

9:00 a m - 8:00 p m	Registration	
9:00 a m - 5:00 p m	Exhibits Open	Research Appointments conducted between Ds Researchers & Participants
7:00 p m - 10:00 p m		<p>Reception & Silent Auction- Hey Teens & Adults! You won't want to miss this! Just see what we have planned for you! Juggler & Magician from The Amazing Portable Circus! Begin your journey on The Amazing Race! Play Deal or No Deal! See if you can Name that Tune with Sujeet Desai & Tim Colvin!</p>

Saturday, July 11, 2009

7:30 a m - 4:00 p m	Registration			
7:30 a m - 8:00 a m	Meet Your New Friends			
	Exhibits Open	Recreation & Leisure	Future Planning	Personal Planning
8:00 a m - 8:45 a m		<p>Opening Ceremony Scott Osterfeld Finding N.E.M.O. - New Experiences More Opportunites</p>		
8:45 a m - 9:00 a m		Break		
9:00 a m - 10:00 a m		<p>Social Networking Krista Clinebell Starfire U</p>	<p>Living Independently Annie Callhan LADD: Living Arrangements for Developmentally Disabled</p>	<p>Self Defense and Community Safety Lesha Self QUEST Quality Enhancement Services & Training</p>
10:00 a m - 10:15 a m		Snack Break		
10:15 a m - 11:15 a m		<p>Movement, music, & drama Pam Shooner, M.S. Special Ed & Colleen McSwiggin Dramakinetics</p>	OPEN	<p>Creative Minds-Singing, Dancing, Solving Puzzles Val Gray Precision Academics</p>
11:15 a m - 11:30 p m		Break		

1 1 : 3 0 a m - 1 2 : 3 0 p m		<p><u>ENERGY</u> - Education on Nutrition, Exercise, & Recreation for a Growing You</p> <p>Kristen Clatos, CRC-TR Janet Smith, HCSO</p> <p>Hamilton County Special Olympics</p>	<p>Leadership opportunities</p> <p>John Romer</p> <p>Leaders In Action</p>	<p>Friendships Relationships & Dating</p> <p>Scott Osterfeld</p> <p>Osterfeld Consulting</p>
1 2 : 3 0 p m - 1 : 3 0 p m	Lunch With Your Family			
1 : 4 5 p m - 2 : 4 5 p m		<p>Get Ready To Sing! Lean On Me will be performed during banquet</p> <p>Michele Henn</p> <p>Loveland School District</p>	<p>Budgeting and Saving for Now and the Future</p> <p>Mary Anne Ehlert</p> <p>Protected Tomorrows</p>	<p>Self-Awareness & Personal Hygiene</p> <p>Katrina Sacay</p> <p>LADD: Living Arrangements for Developmentally Disabled</p>
2 : 4 5 p m - 3 : 0 0 p m	Snack Break			
3 : 0 0 p m - 4 : 1 5 p m		<p>Tae Kwon Do</p> <p>Sujeet Desai</p> <p>Assistants: Tim & Garrett Colvin</p> <p>2nd degree Black Belt</p>	<p>How to Land that Job!</p> <p>Pam Rieke</p> <p>LADD: Living Arrangements for Developmentally Disabled</p>	<p>Healthy Eating- Better Living</p> <p>Tena Benson, RN, MPH</p> <p>Cincinnati Children's Hospital</p>
4 : 1 5 p m - 5 : 3 0 p m	Visit the Exhibits			
7 : 0 0 p m - 9 : 0 0 p m	<p>Recognition & Awards Banquet Hey Teens & Adults! Lots of Opportunities for Fun Here! If you graduated from High School or Secondary Learning in 2009 we will honor you with a Certificate! We are very proud of all our graduates!</p> <p>Visionaries & Voices will tell all about their Art program and display some of their work that will be available for sale!</p> <p>Self-Advocate-Jennifer Katz and her husband Ted will tell about what it's like to be Married with Children</p> <p>Funny Guy, Dan Kulp will tell about growing up with his 4 sibs who have Ds</p> <p>And <u>YOU</u> have the chance to be a <u>STAR!</u> If you joined in today's workshop to learn to sing Lean on Me, you get to perform for our banquet audience!</p>			
9 : 0 0 p m - 1 1 : 0 0 p m	Join us after the banquet for the DANCE!!!			

Sunday, July 12, 2009

7 : 3 0 a m - 8 : 0 0 a m	Join Your New Friends			
8 : 0 0 a m - 9 : 0 0 a m	Exhibits Open	Opening Ceremony		
		Rec & Leisure	Future Planning	Personal Planning
9 : 0 0 a m - 9 : 1 5 a m		BREAK		
9 : 1 5 a m - 1 0 : 1 5 a m		Making Art with Visionaries & Voices Samantha Johnson Visionaries & Voices	Fire Safety is Important! Capt. Mousa Sharonville Fire Dept.	Cooking is Easy! Christine Paolino No-Bake Cookies
1 0 : 1 5 a m - 1 0 : 3 0 a m		BREAK		
1 0 : 3 0 a m - 1 1 : 3 0 a m		Yoga...Fun for Everyone! Tracey L. Woodson Yoga Instructor	OPEN	You Are Beautiful! Skin Care & Make-up Delyssa Huffman Amanda Topham Miss. South Charleston, WV Mary Kay Cosmetics
1 1 : 3 0 a m - 1 1 : 4 5 a m		SNACK BREAK		
1 1 : 4 5 a m - 1 : 3 0 p m		Closing Ceremony		
		Conference End		

Ballroom	Main Conference
Salon A	Main Conference
Salon B	Main Conference
Salon C	Main Conference
Salon D	Speaker Ready Room
Banquet	Sharonville Convention Center
Kids 2-5	Terrace Salons & Espresso
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Sheraton Cincinnati North Hotel & Coco Keys Indoor Water Resort

